

AINA Trust – “Early Child Care” – 6 months Report – Jan to June 2018

Gisela Foundation & Aina

Early Child Care, Chickballapur.

Major Results Achieved

Caregiver

‘I feel very happy and encouraged when strangers and the community members appreciate my work and ask me whether my ECC centre is an Anganwadi run by government or a Kinder garten as the centre is very well decorated with the charts of fruits, vegetable, flowers, rhymes and many art and craft work which are taught during trainings both regular and with collaboration with ICDS I have displayed on the walls of my ECC centre. This looks very attractive and children enjoy the same. I feel like taking more care and give extra attention to the children when children’s mothers appreciate my work for taking care of their children with care, love and protection.’ – **Sabreen, Caregiver.**

ECC Centres

During this period we have 3 double ECC centre with 10 children each and two caregivers (total 30 children) and another 24 single centre with 5 children each and one caregiver each (total 120 children) together 150 children continue to attend the crèches. As usual all the 30 centres have 5 children each that is mandatory; immediately after the transfer of children to anganwadies we as usual enrol new children who are close to the neighbourhood.

The caregivers who came back and were sharing the temporary shelters with other rag pickers are now having lots of misunderstandings and fights. The local leaders has promised to give alternate shelter and on this pretext rag pickers are being miss used by these local leaders and politician to meet their needs.

As already reported, The rag pickers who were evicted from Kandavara due to various reasons have come back as they had been chased away from the place they had gone to stay too and now are back to Khandwara and staying in the temporary shelters sharing a room with the other rag pickers. The community of the rag pickers and the head master of the government school approached Aina team to open a ECC centers in Khandhavara rag pickers huts but we had lots of problem to start centers here as politician were against this since they are miss using these rag pickers to do all dirty works for them. As partially we have the support of the community we have managed to open a centre in Rag pickers huts the other half rag pickers community takes bribes from the Politian’s and are the ones who do not support us, they think we will give awareness programmes to the ignorant rag picker and for this many legal authorities and other personnels will visit khandhavara and this will be a threat to them.

- As informed in the last phase rag pickers children’s are taken care by the caregivers staying In Khandvara and Dr. Ambedkar Nagar, the ones who do not get any job elsewhere as they have no skills to work in other places and they are the most illiterates or semi-literates and were very shy. So the effort to train them becomes more necessary and regular trainings to each individual become very necessary. Aina team and trained caregivers gives regular trainings to them teaching rhymes, songs, storytelling, drawing, play and all activities which are useful for the holistic development of the children. After lots of motivation and individual training the new rag pickers of ECC centre’s caregiver now know at least 15 rhymes, how to tell Story with moral and action songs and the new caregivers are slowly trying to overcome their inferiority complex but are still shy.
- The practice of Rag picker’s mother carrying their children’s’ who are below one year for rag picking still continues we are not able to stop this practice completely, as, their mother are reluctant to send their

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children to our ECC centre as they say by carrying these children while going for rag picking they can ask for alms from the people, at times when they are not able to collect any thrash they can show the children and beg. As mentioned in the previous report after number of motivational awareness programme, regular talks given by our caregivers and Aina team now the rag pickers leave their children in our centre but on Fridays we are not still able to stop them from carrying their children to beg near the mosque where the worshippers give alms to the poor.

- As usual in the month of June, 15 children who were above 3 years from our ECC Centre were transferred to the Anganwadies, after counselling their mothers, but many mothers who were reluctant to send their children to anganwadies were not convinced with any counselling and talks and refused to send their children to anganwadi no option Aina agreed to keep their children after taking a letter signed from the mother's in the community meeting and informed the anganwadies the reasons for not sending their children to the anganwadies. The practice of some children joining us after anganwadi closes early continues. As informed earlier we have taken this matter to the senior authorities of ICDS there is no improvement to extend the timing of the anganwadi as they continue to give excuses that they are assigned with extra assignments and lots of new schemes governments bring out and the responsibility of reaching this out to the general public is the responsibility Anganwadies and they have to complete their target within a stipulated time which is mandatory. 3 children were admitted to regular school. Note: Government started a new urdu kinder garden school in the surroundings of Khandhavara and started to enroll the children from 4years and above and they started giving mid day meal and ration to the enrolled families to encourage more admission. Many children from our ECC centre too had gone and enrolled themselves there. But the community was against this as this urdu kinder garden were not taking care of the children and also used to send back the children by 1 o'clock. As the community is not happy to send their children to urdu school this clearly segregates them from the mainstream and they are side-lined further. The community along with the care-givers spoke to the urdu school and told them that the community wanted children to attend kannada medium and Aina and Anganwadi centres are doing the same and they should close down urdu medium as this makes the children never to enter into the mainstream schools. It is surprising that the efforts of Aina has brought in positive results as the children are not attending the urdu kindergarten anymore.
- 3 children from our ECC centre were enrolled in the regular school.
- As mentioned earlier we have regular community and mother's meeting we encourage local heads also to join these meetings like the head master of the school, teachers from the anganwadi, representatives from Asha workers (health workers from government) Aina was able to insist to the health workers that they should visit the RP colony and give them awareness on health. The health workers were very reluctant and were not wanting to come. But Aina met with the doctor and made sure that the health workers are now visiting regularly and when they give health awareness program the heads of the local communities and the RP community join . Local heads visit our ECC centres and Anganwadies and have reported during community meeting they are very happy with the work Aina is doing and request Aina team to give some more trainings to Anganwadies.
- Mother's meeting and community meetings which we have regularly have really helped ECC children in some areas. Some mothers too come along with our Aina volunteers and core group members to visit Anganwadi and help in checking the meals and snacks which is served to the anganwadi children the impact of this is, now they invite 15 of our ECC children to come and share the lunch which is cooked for Anganwadi children at our request. This is a program already reported earlier and this program continues.
- Here we like to reiterate that Aina's volunteers continue to visit the Anganwadies on daily basis in the morning and the Anganwadi teacher is quite frightened and opens the centres. The community core group members and many community members also act as watch dogs to check on the Anganwadies. But it is sad to continue to report that most Anganwadi teachers are absent and only helpers are regular, this also has been reported to the authorities. This is a program already reported earlier and this program continues.

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Monthly check-up of ECC centres children by a paediatrician;

- The paediatricians continue their biweekly visits and monitor children’s health and growth. The maintenance of records of 150 children’s growth and weight chart continues. For common illnesses paediatrician gives medication to children. Mothers and children who are anemic are encouraged to eat more of greens and green grams. Our Paediatrician and Asst. Doctor – Dr. Vijay Kumar continue giving their extra attention to the children and in addition to the awareness and training programme which happens regularly, Doctor has one to one talk with the mothers and caregivers in case of doubts and in cases where the children need special attention. Aina is closely following it up with giving nutritional support and cleanliness awareness programmes.
- Officials from Health department visited Chickbalapur centres and gave awareness on NIPA virus and during this period too the Asha workers continued their visit to our ECC centres and keep giving awareness programmes.
- Hassian 2 yrs old from Khandhavara had boils on his head which was not subsiding for months together, Doctor had to give special treatment and the caregiver Nagamani was given a special instruction to keep his clothes, comb and towel separately on no account should it be mixed with another children items. Along with the neem cream and medication the caregiver took special care of the child by giving home remedies and special diet chart, a cup of neem leaves grinded to a paste was boiled in the water and with this hot neem water decoction the Caregiver used to rinse Hassian’s hair after shampooing his hair and she used to apply neem paste on his head at least twice a week. Now the child has been fully cured.

Continuous Training of the 30 care-givers:

- As reported in the last report 10 caregivers are being given training regularly in turn by our Social workers, trained ECC old caregiver and core group members in Rhymes and action songs in this phase too, there are still some caregivers eager but who are still very shy and need more motivation they give demonstrative classes and many activities for them to learn and come out of themselves and sing and dance freely. And the experienced caregivers continue to teach total 15 new songs with actions to the caregiver who have not picked up. This is a program already reported earlier and this program continues.
- As reported in the last phase it is very difficult to work with rag pickers community as many politicians are playing up with the sentiments of these people and men are mostly drug addicts and do not go to work regularly but expect their spouse to go, take care of children and also do house hold chores. Whatever they earn both men and women spend their entire earnings on drinks, drugs and do not support the family in any way. They look forward to easy money which they get from politician to do dirty works like manual scavenging and cleaning the lavatory pits. Many men work as hit men also called as (rowdies) for the politicians and their rowdies do not like us having community meetings or calling their spouse to our meetings as most of these couples are run away couples or are living in relationships they feel we may expose them to the community. Most of the children do not have birth certificate as most of the children are born at home. But during this phase we have a slight improvement to track pregnant ladies Aina is following up with Asha workers (health workers from government) who visit rag pickers colony and are keeping a record of the pregnant ladies and are guiding them to register themselves with the government hospital and take proper medication. She also gives health tips to the pregnant women and makes arrangement for free medicines and aina team has guided them to the nearest Anganwadi where they have facility for free nutritive lunch for pregnant women.
- This continuous the larger community does not mingle with this rag pickers community as they are in poverty and economically backward and they are considered not cultured people. There are many more myths

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and misconception in child-rearing and child bearing. Girls at early teens become mothers and live in with partners, members of the family who are living with them take advantage of the helplessness of these girls.

- This phase too we continue conduct few separate meetings for rag pickers ECC children mothers and caregivers as they do not want to share the few issues in front of the regular caregivers. Even ladies of this community drink alcohol along with men and there are lots of family fights. A number of awareness programs and one to one talk has reduced drinking among women from this community.
- In the regular ECC centre, most caregivers are illiterates and the regular trainings have helped the caregivers to give awareness to the mothers of the ECC children and we can see that there is a significant change in themselves and the mothers after attending our awareness and training programmes. The mothers of RP children find our care-givers as counsellors and share everything with the caregiver.
- As reported in the last report during this reporting period too every day twenty five from 5 centres come over to Aina's 3C Centre along with five ECC caregivers. Children who are breast feed stay back in ECC centre whose turn is not to come to the centre. The children enjoy the space and play about freely and the care-givers are interacting and learning from each other and now we request any one care-giver to train their co care-givers. If any care-giver is good in singing or reciting rhymes then she has to teach the other care-givers and the children have to join in the singing. If some other care-giver is good in drawing than she teaches other care-givers. Children love to come to the centre as they get one hot meals here and get to meet children in a big group and play in a team, they enjoy the transport facility which we have arranged to bring them to the centre they sing song and rhymes while travelling, here each child has a drawing book and they love the colouring time with crayons, they have learned to colour on a straight, line, curved line, cross, circle and random colouring. This is a program already reported earlier and this program continues.
- The training for the Care-givers are regular and continues on health and Nutrition. These trainings continue to insist on Hygienic and simple ways to take care of children. This time the focus of the trainings continued to be helping children to self eat and to use toilet in an hygienic way. The care-givers are encouraging children to eat on their own, and the training continues to teach them that children will get self-confidence and a sense of achievement when they eat on their own. We repeat that most of the children enrolled in this phase are toddlers and are used to feeding bottles for drinking milk and water. Caregivers and mothers are motivated and trained to help and encourage the little babies to start drinking milk and water with the help of glass and spoon rather than by bottle. This transition process is very difficult one, as many toddlers are attached to their favorite bottle. Bottles are not clean and need thorough washing the mothers are not able to do this and so children get sick more often, we continue explained to the mothers to cooperate with us fully and avoid giving bottles at home too and explained by not giving the feeding bottle, the child will benefit he will not have tooth decay, The bottles are not washed and the bacteria's are carried to the little babies and there is high mortality of babies. So we are giving awareness on feeding children in glasses and spoons instead of bottles. This will help in getting the child to be healthier and less sick. It is also learnt that bottle can affect his speech development and drinking by glass is more hygienic and the child will fall less sick. This is a program already reported earlier and this program continues.
- Care givers continued to be trained in craft and chart making. The craft classes conducted by the resource person help the caregivers to be more creative and also help children to make little craft things (mainly to develop their fine motor skills). The care-givers are always happy to join these trainings and enjoy and look forward to these trainings. This is a program already reported earlier and this program continues.
- We have a regular and continuous follow-up training for the care-givers on the importance of care-giving and educated them on the important role of being a second mother they play in child's life and also we have requested our care-givers to continue to speak to mothers on the simple and best ways of parenting. Now to a great extent we have been able to stop child beating by mothers they have realised beating the child will cause hatred and make a child only angry and this feeling the child he will keep in his heart and will become stronger with negative attitudes as the child becomes an adult. This is a program already reported earlier and this program continues.

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- The older and experienced care-givers are invited to share their care-giving experiences with the new care-givers. This is a program already reported earlier and this program continues.

Development of Motor & Fine Motor Skills

- This phase we had painting session which is different from other times, as children enjoy painting a lot they were asked to dip the paint in tooth brush and spray it on the KG card board, groups were formed each group was named after colours, children enjoyed this spray painting a lot and they learnt colour concept and there were also games of mixing two colours and find out magic how the colours change when two colours are mixed eg. children enjoyed seeing the combination of two colours and the result red+ yellow = orange, Red and blue = violet, blue and yellow = green and red and blue = purple.
- To improve their language learning skills children are taught rhymes, songs and every month two new songs and Rhymes are newly introduced and taught in addition to the old ones. This is a program already reported earlier and this program continues. This phase we have started teaching English rhymes as the government too has introduced English in government schools too
- Children enjoy the story telling time as usual this is an interactive and interesting time which they look forward to and keep asking the caregiver when she will start telling the story. Many a time when the caregiver starts the story the children also add their imagination and try to complete the story. This is a program already reported earlier and this program continues. The story of fish living in the underwater was said, it was a interactive time with children asking many question and answers How fishes are living underwater? "**fish** have gills so they can breathe underwater." What are gills?The benefit of eating fish, children were given sketches of fishes to be colored. While telling stories we make sure that the caregiver continues to speak clearly, slowly, uses simple languages and takes the story which has moral or some information in it.
- During this phase children were given bat and ball and they enjoyed playing with these and as usual the caregivers are taught and encouraged to allow children to jump, hop, run and do other physical activities. And give children to do more of colorings activities with crayons. Children identify some of the colour and as informed sing songs on colours. Children have learned rhymes and songs on colors too.
- Drawing book: Each child Continuous to have a drawing book Khandhavana 9 ECC centre drawing books are kept in their respective ECC centre and thrice a week they are given drawings and colouring and for regular ECC centre the drawing books are maintained in 3C, Chickbalapur centre when the child comes to the 3C centre each child is given a drawing book and they draw with the supervision of a caregiver or a social worker as usual. Children are learning to draw and say scribbling, straight line, curved line, circle, and cross, stick line, and to draw a family sketch with the help of these shapes they are learning to identify colours and to colour the drawing of some apple red, orange in orange, leaf green mango yellow and sky blue. In addition to these children learnt to do draw fish and a story was said on fish living in the water and benefit of eating fish.
- Children as usual enjoy the play and nap time. Children have number of toys with which they play, also caregiver teaches them with activities like crossing the hurdle, walking on the straight line, monkey and the cap game, rap a tap game, fixing the shape puzzle mat. After all this they want to have a nice nap and look forward to caregiver to say 1 or 2 stories as usual this is the favorite time for all the children.
- As reported earlier many new craft works were taught to the caregivers during the training, number of action songs on laughter and explained how important is laughter and it can increase overall sense of well-being of a person and explained how people who have a positive outlook on life have a tendency to fight diseases better than people who tend to be more negative. "So smile, laugh, and live longer!" Was the slogan the caregiver had to learn by heart and follow? Also the

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programme coordinator explained in the ECC centre where caregivers are happy and cheerful children would love to come. The caregivers were given a task of enacting the laughter songs in groups, and make the partners to laugh whole heartedly and also caregivers were asked to sketch a drawing on any 4 songs on how to teach numbers, train, a song on Dhobis (washer man) food, animals, birds, nature, short moral stories Now caregiver are able to make their own stories and come and present it during the meeting.

- Children continue enjoying their nap time and for this they request the caregiver to repeat the stories and as they listen they sleep. As sleep is necessary for the children’s growth and development they are allowed to sleep peacefully without disturbance for a stipulated time.

To improve the role of care-givers in early child care

- The continuous trainings on the aspects of child-care and the care-givers role in the emotional well-being of children has increased the care-givers performance and they know that making a child feel secure, lovable, caring and keeping the child happy is the real meaning of child care. Initially mothers and caregivers used to think only feeding is the great responsibility but now the care-givers have gained a great knowledge on early child-care and today they are able to teach the mother’s and the community member on the appropriate ways to care for children. They are now the community’s experts on early child care. They take lessons for mothers on nutrition, discipline and other various important aspects of child-care. Today, these care-givers are respected and loved by the mothers and the community. The care-givers assure that the trainings and exposures given to them as care-givers has improved their knowledge as well as their self confidence, self esteem.
- Caregivers were given training and talks to show that caregivers have a direct effect on the cognitive, emotional, and physical lives of the children in the present as well for their long-term well-being. And explained in detail a good caregivers do not just keep children safe, warm and well-fed they also positively interact with children.
- Caregiver should never compare one child with another or one child’s activity with another as children are surely different from one another and what works good for one child might not work for another.
- During this early childhood years, children love when they are addressed by their name, hence the caregivers call the children with their names and no caregivers or mothers and nicknames are condemned. This is a program already reported earlier and this program continues.
- It is still a huge challenge to make all the thirty care-givers fully committed and work with zest and vigor. Around 5 to 6 care-givers are lazy and do very little for the children. We are doing our best to motivate them, by giving incentives and giving importance to them. Still we have to go a long way to get all the care-givers to fully be motivated.

Potty training

- We are repeating this as this training on toilet training continues as this needs continuous reinforcement for the care-givers and the parents Toilet Training continues being given for parents and caregiver especially for the new centre and refresher training for the old centre and advised parents on a variety of successful toilet training methods and techniques. The caregiver has a one to one talk with the parents of each child to know toilet practice of their child at home so that the caregiver has an idea how to go about it and not to confuse the child when caregiver is involved. Due to lack of toilets some children were used to open place for defecating and at odd times, mother’s caregivers and children are now given toilet training and are slowly

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motivating the little children to adapt to change and instill personal hygiene. We will like to state that little children hate wearing under wears; they scream and try to bite the care givers hands when they try to put them on. In the initial months the children purposely used to urinate in the pants and not inform the caregivers when the child wanted to urinate. But now the caregivers have made it practiced to help the child to inform when he has the urge by making some cueing sound and at time interval take all children to the toilet. This has to be done doubly for the RP centres.

- As stated in the last report most of the children from ECC centre in Khandhawara and in Ambedkar Nagar are Rag pickers they are used to open place for defecating and at odd times, children are given toilet training and our caregivers are motivating the little children to adapt to change and instill little personal hygiene. Children of rag pickers were not comfortable if they wear pants but to some extent they are learning to wear pants now till they are in the ECC centre .

Continuous training and awareness on nutrition

- The awareness programmes conducted by the doctor and resources persons during this phase continues the nutrition and health awareness program, these session are made very informative and interactive on nutrition and home remedies. Also the trained caregivers were encouraged to list out nutritive rich dishes and its benefits. They have also interacted on what food and dishes should be and should not be given for children and finally they have decided to prepare a chart on the discussed ideas. The trained caregivers discussed on many home remedies like for anemic – pumpkin, papaya, more green leafy vegetables, carrot, cereals, for worms – bitter guard, papaya seeds, neem leaves, etc. for common cold and cough – ginger decoction, tulsi, etc., The benefits of eggs and sprouted greens for children were also discussed by them. The trained caregivers further discussed this information with the children’s mothers during the Sunday meetings and also give this information to their neighbors, friends and family members.(This activity continues like in the last phase)
- Anemic children are given special nutritional diet and mothers are called and given awareness along with caregivers and more of greens supplement are given.
- Immunization awareness program was conducted on 24.01.2018 for the health department NGO’s, and degree college students and teachers from the community to stress on their role in eradicating polio. The program was organised by the department of health along with Aina in Sidlaghatta. This was a preparation for the up-coming Polio drop immunisation day where every child between the ages of 0 to 5yrs was vaccinated with polio drops. For this cause Medical Officers from Health centre, Senior Health Inspectors and Health workers were encouraged to mobilise volunteers in the community to work towards eradicating Polio and educating them on Children immunization schedule. This campaign was in preparation for the Polio mass administering polio drops for all the children from Sidhalghatta and Chickballapur covering around ten thousand and odd households. This campaign was in educating the health faculties, college students to give awareness program on Polio vaccination and to educate all the above mentioned stakeholders’ on primarily administering polio drops, how many drops for each child, Marking on the child’s left finger to notify that the child has been administered polio drops. How to use polio vaccine vial and how to monitor the same, one vial for 18 children, using ice-packs to store the vial. The other important aspects are checking the manufacturing dates of the vaccine and to keep them in room temperature of +2 to +8 degree Celsius. The health workers and the volunteers should check whether the child is having fever. 2. The child is vomiting, 3. The child is coughing 4. The child is crying. In all these cases the polio drops should not be given to the child.
- The pulse polio Immunisation first dose was on 28.01.2018 Sunday and the Second Dose was on 11.03.2018 for all children between 0-5yrs of age covering both Chickballapur and Sidhalghatta .
- On 29th and 30th it was a mobile pulse polio drive wherein all the 45 trained personnel’s along with the health faculties covered each and every home, railways station, schools, hospital to administer polio drops for the children who missed out on polio drops drive day. The Polio immunization drive covered approximately 3000

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and above children. Aina managed 7 booths and its co-ordinator along with care-givers and staff administered polio drops to almost 800 children.

- As usual Doctor Anil Kumar along with his Asst. Doctor's continue their visits to all ECC centres in Rag pickers huts in Khandhavra, in Ambedkar Nagar, Idgha Mohala and Nakulkunte and has health checkup done for all the 150 children regularly and cover each child once in a month, in case the child is not well or needs special treatment he attends to it too, records are maintained accordingly, height and weights of each child is recorded and free medicines are prescribed. Based on the doctor's advice and his suggestions, Aina is providing protein powder, ENT related ointment and drops, iron syrup, etc., for children during regular doctor's health checkup visits. Aina buys all the doctors prescribed medicines and protein powders from the wholesale shop referred by the Doctor.
Dr. Vijay Kumar keeps updating during his regular monthly visit with the tips of Home remedies which can be given with the available ingredient available locally or in the kitchen like Aloe vera plant, neem leaves, turmeric, pepper, ginger, garlic, cumin, etc. remedies for common ailments, body itching, boils, lice, rashes etc.
- As informed in the last phase Dr. Ambedkar Nagar is a pig rearing place and it is near the drainage where water stagnant and children used to fall sick very often now with the help of the regular community awareness given to the pig rearer to see that they put a fence so that the pig rearing is done inside the given space, take the pig to the slaughter house, and not dispose the waste in the vicinity which is unhygienic to the public. Gave a clear instruction to the pig rearers (swineherds) to take the pigs to the veterinary doctors for safety methods to prevent and control diseases and pests.
- Our paediatrician regularly gives awareness programme and treats the children who have fevers, cold cough or are effected and any problems. Aina managed to give As Dr. Ambedkar Nagar is a pig rearing place and this place is near drainage where water is stagnant children very often fall sick as their houses very near to these place where water is stagnant. Many children are identified with anemia, skin allergies, and respiratory problems, lice in the hair, motion problems, bed wetting, vitamin deficiency and other related health problems. Before we identified and enrolled rag pickers children in our ECC centres, most of them were left on the roads with no one to take care of them. Many children of them attacked with dengue fever Our Paediatrician gave awareness programme and treated the children.
- Follow-up of nutritional programme was regularly done for the caregivers and mothers by the programme co-ordinator and field coordinator to check how much the caregivers, core group members and mother have flowed the nutritive benefit dishes to be prepared for children and how much they know the great benefits of eating Nutritional diet and seasonal vegetable and fruits, different methods of washing hands and cleanliness. They personally asked participants what they learned in the last training and with whom they shared the nutritive recipes and how much it was useful for them. The participants also gave ideas as to what they would like to know in the next nutrition programme.
- The Government Doctor spoke on common illnesses and its remedies and on Holistic development of the children. Nutritionist demonstrated and covered on the great benefits of eating Nutritional diet and seasonal vegetable, and fruits.
- CDPO from CWC department informed about the new schemes and the Nutritional benefits given to the Anganwadi children, pregnant and lactating mothers.
- Follow-up classes was done to find out how much the core group some fruits and vegetables contain similar vitamins and minerals so if a child loves to eat fruit you can give him banana, papaya, guava, and very important is to eat seasonal fruits and try to make the child eat vegetables by making dishes which contain them, Aina does give seasonal fruits but we should make it regular.
- The Government Doctor regularly speaks during his monthly visits on common illnesses and its remedies and on Holistic development of the children. Nutritionist demonstrated and covered on the great benefits of eating Nutritional diet and seasonal vegetable, and fruits.

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- As usual CDPO from ICDS department informed and reminded about the new schemes and the Nutritional benefits given to the Anganwadi children, pregnant and lactating mothers.

As usual the rag picker children’s ECC centre caregivers and mothers have number of additional trainings and special meetings, some topics and issue which cover are as following:

- A special meeting to discuss the issues in rag pickers community continuous
- A person from cwc visits Khanwara regularly and gives number of legal awareness programmes.
- Meeting to prepare a chart for nutritive benefit lunch preparation for children in the rag pickers ECC centre continuous
- Training on rhymes and preparation of charts regularly
- One to one talk with mother and caregivers about toilet training and cleanliness
- Hygiene and cleaning the surrounding places where they live
- A meeting to discuss about the family issue with the experts
- A meeting with the doctor, mothers and caregivers for change in food chart, a class on minimal usage of water
- Drawing and color concept and rhymes and story telling
- To organize mothers and community meeting with rag pickers is very difficult as mothers go out of city to pick rag.
- The follow up of the children who are transferred to the anganwadies:

A new assistant co-ordinator is employed and he monitors the community crèches, this person is also works as a contract employee Aina continuous to conduct regular mother's and community meetings thus requesting the community and mothers to monitor our crèches as well as Anganwadi centres where we have to transferred our 3C, 4 to 6 years children and the neighbouring ones. We are also getting involved in welfare schemes of the government and our social workers are actively involved in guiding the women, which office to approach and other details to avail govt. welfare schemes. Aina team with the help of the community managed to clear the garbage thrown across few lanes and we were not so successful in bringing drinking water to the areas. Ladies have to go little far off to get drinking water and that too they get water only ones in 15 days and our caregiver have requested u to give one hours permission to fill the water in the tanks which they have in their house. Now as we are doing lots of programmes with the women and child welfare government department. We are helping ladies in opening the bank account, getting birth certificate to get child admitted to school etc. Aina is being recognised and the govt. Official is coming forward to guide us, whom to approach to get the work done faster. Though we were doing this in a smaller way now we are aiming to do it in a bigger level.

- Aina team has prepared brochure show-casing Aina’s work in addition to the booklet as mentioned in our earlier report

Challenges

- As reported in our report this issues continues as most of our ECC centre caregivers are staying for rent, the house owners are not allowing them to display the colorful charts prepared to teach the children on the walls of their house. This is a big challenge for the caregivers to teach children to identify the fruits, vegetables, shapes, colors, etc. with the help of charts. They tried to display the charts with the help of clips and threads to hang the charts.

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We had a district level seminar nearly 450 government Officials and workers participated in this programme from Health department, Education education department, ICDS (integrated child development scheme) officials, RTE task force, Asha workers (Health workers), and police department for this seminar. Aina's Alternate care children performed cultural programme on this occasion and sang a religious and patriotic songs. It was a whole day Seminar with lots of learnings and discussions.

Aina Team continues to participate in the Right to Education programme organized by CRT regularly. Through this programme we have come to know the education scheme in schools, rules and regulation under education act like infrastructure, admission, reservation quota, free books uniform and food, quality and quantity of teaching staff. Not only that we gain knowledge how many children are school drop outs and how to overcome this problem. All this information's helps Aina to educate our parents to help and ensure their children's education.

The Chief Guests were Judges, Govt. Lawyers and Secretary from local Court of Sidlaghata and Chickbalapur, Police department, Educational Institutions, Health department. They gave a talk on Legal Child rights, Importance of education, Child Protection and Juvenile Justice System and importance of education.

Aina organized number of trainings and awareness programs for mothers, caregivers of Rag pickers ECC Centres and regular ECC centre, community and Anganwadi Teachers as following :

List of Programs conducted from July to December 2017

Sl No	Date	Particular
1	22.01.2018	Chickbalapur celebrated its completion of 10yrs as a district head. Celebration programme was organised by Women and Child Development Department (ICDS) in collaboration with the Health department, Police department, Education Department, Legislative and Legal department and Ngo's, one of the prominent NGO was Aina. The venue was Junior college campus, Sidlaghata.
2	24.01.2018	Immunization awareness program conducted on 24.01.2018 for the health department NGO's, and degree college students and teachers from the community to stress on their role in eradicating polio. The program was organised by the department of health along with Aina in Sidlaghta. This is a preparation for the up-coming Polio drop immunization day where every child between the ages of 0 to 5yrs will be vaccinated with polio drops. (Our ECC caregivers from Chickbalapur and Sidlaghta and Aina staff too were the volunteers for this cause.)
3	28.01.18 29.01.18 and 30.01.18	On 28 th it was polio immunization drive and polio booths were fixed in all the Anganwadies, schools, bus stops, hospital and railway station and On 29 th and 30 th it was a mobile pulse polio drive wherein all the 45 trained personnel's along with the health faculties covered each and every home, railways station, schools, hospital to administer polio drops for the children who missed out on polio drops drive day. The Polio immunization drive covered approximately 3000 and above children. Aina managed 7 booths and its co-ordinator along with care-givers and staff administered polio drops to almost 800 children. (Our ECC caregivers from Chickbalapur and Sidlaghta and Aina staff too were the volunteers for this

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		cause.)
2	13.04.18	Regular training was given to our ECC Caregivers on craft, action songs, storytelling and rhymes in Chickbalapur in 3C centre.
3	07.03.2018	District level seminar Organised by Aina on early child care on 7 th March 2018 in Dr. B.R Ambedkar Bhavan, in Chickalapur district, it is the district Head quarter of Sidlaghata. (Government Officials and workers participated in this programme from Health department, Education education department, ICDS. 350 official participated in this seminar and was flashed in the local TV Channel and the matter was covered in the local daily (integrated child development scheme) officials, RTE task force, Asha workers (Health workers), NGO's and police department).
	24.04.2018	Legal awareness programme was conducted for Ecc caregivers, core group members and collective group of alternate care children. The Resource person informed about the problems faced by the women in the family, society, different types of Divorce, what are the grounds for divorce, is it normal to get Divorce, what is Talaq and is it accepted the society. The problems of violence and atrocities against women in India, is the problem which should not be ignored, domestic violence which can happen to anyone but we should take help in regard to this issue. Children and caregiver's discussed the issues related to child marriage, illegal marriages and Resource person updated to them with the latest information's, contact numbers whom to reach for solving these problems.
	27.04.2018	Mothers meeting were held in Dr. Ambedkarnagar and Dr. Ambedkar Nagar the core group members discussed the problems faced in the community and also informed the mothers what points they picked up in the legal awareness programme.
	04.05.2018	Community meeting in Khandhavara, Nutritionist from the government Health department spoke on supplementary nutrition necessary for the children and briefed as per immunization Schedule and how children are mainly protected against 6 vaccine preventable diseases.
	21.05.2018	Regular programme on Rhymes, songs , storytelling, drawing to highlight the importance of colour concepts.
	05.06.2018	Pediatrician's awareness programme on Nipah virus, early Symptom, who is at risk? How it is transmitted? How is it diagnosed ?
	20.06.2018:	Nutritional programme was held in 3C centre, Chickbalapur, this was a follow-up session and the nutritionist repeated nutritive benefit dishes to be prepared for children, eating seasonal fruits and vegetables.

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Community Participatio

- As mentioned earlier the community has helped us in identifying the children and caregivers to start the new ECC centre's in Dr. Ambedkar Nagar. Community participates in all our training or awareness programme and also share the topics covered with others. Community visits the ECC centres and Anganwadi to see the functioning of both. And donot hesitate to point out anything good or bad. Aina continues to help men and women of the community to open the bank account, make Adhar card widow pension, this time we have also helped the 2 boys who were drug addict to put them in a de addiction centre.
- As reported earlier both men and women in the community are familiar to Aina team, ECC caregivers and children's mothers. The time when India is going under demonization Aina is trying to help the community men and women to open account in the bank and get their pan card, credit card as these documents are necessary for cash transaction Aina has also helped in facilitating to get ration card, voter ID, Adhaar card, old age and widow pension, educational scholarship, caste and income certificate, opening account in post office, welfare schemes for girl children, etc. Aina team gives awareness to them and helps them to know how to fill the forms, how to follow the strict rules and regulations followed by the govt. depts., how to approach the govt. officials, how to apply, etc

Challenges

- This problem of non-attendance of all mothers for the meetings continues, as mentioned in our earlier report all mothers have different working times and even on Sundays some mothers go to work and get only one day to finish the house hold chores it is very difficult for mothers to attend the meetings. Men folk are at home on Sundays and if the ladies come out on Sunday their men-flock continue throw out the things and abuse the ladies saying even on Sundays you want to go out to meet someone to We have stoped pushing women to form SHG's as we have found out that there are a number of finance (private) operating in this area and they give loans on high interest rates but without any security. And when we conduct our SHG's meeting they come and push us to give loans and they want us to be responsible for their loans. Again in these areas goondism is scaring, many thugs and thieves especially in Ambedkarnagar most of them ex-convicts are operating this and threaten us.
- Nagamani is mother of Chaitan now 3yrs old boy from Ambedkar ECC centre Manjula the Caregiver. Nagamani mother of Chaitan says I am very grateful to Gisela and Aina trust for saving my family. I faced so many problems after I got married, my father in law used to torture me a lot and buy drinks for my husband and ask him to beat me after he is fully drunk, I was so much frustrated that I tried many suicide attempt and in one such attempts I burnt myself and was hospitalized. My husband left me as I was disfigured and I was on roads with 1 yrs old baby in my hand, seeing me suffer with no were to leave my child and look out for a job, community approached Aina who enrolled my son Chaitan in Aina ECC centre, and they identified some houses were I started working as a house maid and get paid reasonably. Manjula my sons caregiver along with the other caregivers, Aina staff and the community spoke to the my husband and counseled him and my in-laws, now they are scared as I have someone who is supporting me and now we are happily staying together and I have one girl baby too and my husband is taking caregiver of me and my family and my in-laws do not interfere anymore.

AINA TRUST, Bangalore.

June 2018.